

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Women's Committee of Masjid As-Saffat Presents

Women's Committee of Masjid As-Saffat presents

42nd Annual Conference: April 3rd-5th, 2026

M'm M'm Good!

Recipes For the Soul

42nd Annual Women's Conference

April 3rd-5th, 2026

Hyatt Regency Inner Harbor

300 Light Street

Baltimore, MD 21202

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IN THE NAME OF ALLAH THE MOST GRACIOUS THE MOST MERCIFUL

The Women's Committee of Masjid As-Saffat

The Women's Committee of Masjid As-Saffat was founded in 1974 to provide opportunities for Muslim women to grow in Islam and propagate it as a way of life. The Committee works under the auspices of Masjid As-Saffat, Inc. of Baltimore and lends its support to the Masjid administration in matters concerning women. Our mission is to advocate for the education, health, stabilization, and empowerment of Muslim women and children, and to facilitate the public's awareness of Islamic beliefs.

Each year, the committee sponsors charitable and educational projects and therefore welcomes tax-deductible donations to assist in our valuable work.

Please visit our website at: www.wcmas.org or email us at: womens_committee@hotmail.com

**Women's Committee of Masjid As-Saffat
1335 W. North Avenue
Baltimore MD 21217**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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The Islamic Community School
Congratulates the Winners of the
Qur'aan Recitation Competition 2026
Alhamdulillah!

Females

1st - 6TH Grade Winners

**Jaathiya
Daugherty
1st Place**

**Aisha
Camara
2nd Place**

**Linah & Maymuna
Abdul-Aziz
3rd Place**

7th - 12th Grade Winners

**Nasareya
Abdullah
1st Place**

**Naeema
Abdullah
2nd Place**

**Khadijah
Fowlkes
3rd Place**

The Islamic Community School
Congratulates the Winners of the
Qur'aan Recitation Competition 2026
Alhamdulillah!

Males

1st - 6th Grade Winners

**Isreal
Santiago
1st Place**

**Muhammad
Fowlkes
2nd Place**

**Adam
Jackson
3rd Place**

7th - 12th Grade Winners

**Zaeem
Faulcon
1st Place**

**Ammar
O'Neal
2nd Place**

**Khalifah
Abdul Aziz
3rd Place**

The Islamic Community School
Congratulates the
Winners of the
2026 Spelling Bee



**Jaathiya
Daugherty**
2nd Grade

**Kinza
Fowlkes**
4th grade

**Isreal Santiago
& Maymuna
Abdul Aziz**
5th Grade

**Adam
Jackson**
6th Grade

**Muhammad
Camara**
8th Grade

*May Allah Continue to
Grant You All Knowledge*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Shukran to the Junior Conference Attendees

In sha'Allaah you have gained knowledge and found comfort
in pleasing Allaah SWTA

The JR Women's Committee of Masjid As-Saffat

SHUKRAN

Ibtisaam Daniels --Naeema Abdullah

Nasareya Abdullah--Tasneem Carmichael

Sanari Faulcon--Khadijah Fowlkes

Jihan Shaibi

**Recipients of the 2025
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Women's Committee of
Masjid As-Saffat Scholarship**

2025

Jabril Abdul Aziz

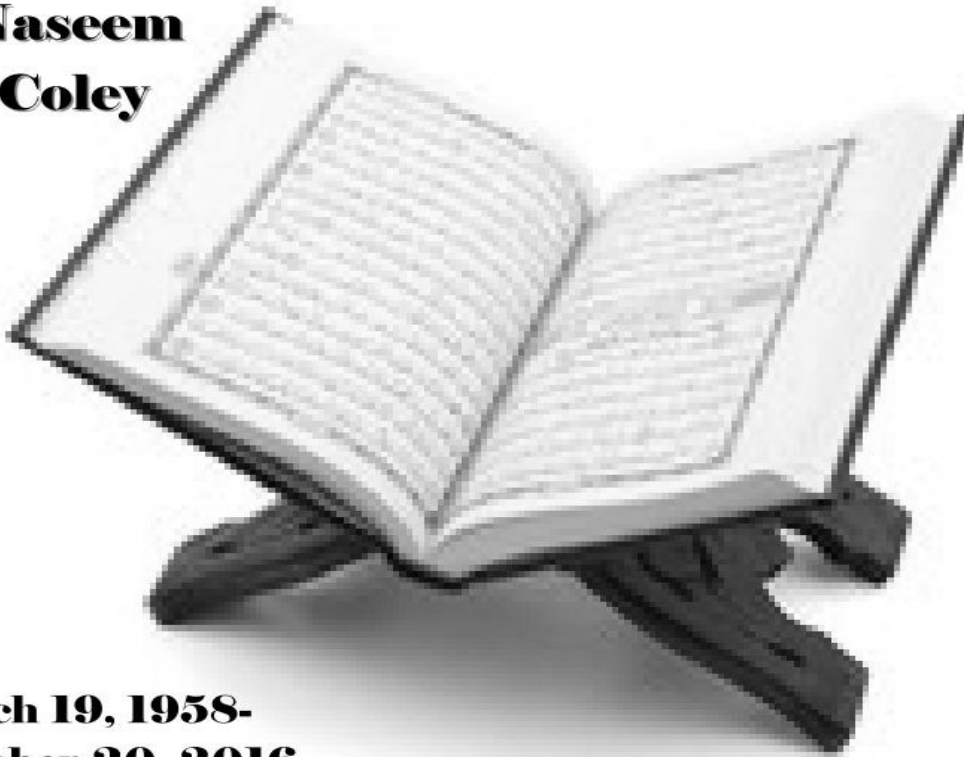
Yasir Faulcon

**McKinley
Naseem
Coley**

Bismillah

**He is missed
by his wife
Ameena &
their
children
Zahir,
Qadriyyah,
Aniisa,
Khadijah,
Muhammad,
Amin, &
Luqman.**

**We pray
that Allah
allows him
to reach the
highest level
of Jannah.
Ameen.**



**March 19, 1958-
September 20, 2016**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Congratulations!



Arjuwan Smith



Class of 2026

Universty of Maryland Baltimore County

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The family of Dr. Islaah Abdal-Rahim would like to congratulate her on successfully defending her dissertation and achieving her PhD in Islamic Sciences.

She is an example of how our quest for knowledge should never cease.

May Allah reward her for every word spoken in his cause for the last 40-plus years. May she be a shining example to our Muslim Women, both young and old.

May all of those who have benefited from her speech, the tens of thousands of them, alhamdulillah, propagate that knowledge and allow it to weigh heavily on her scale.

May her thirst for knowledge be what allows her to expedite her path to Jannatul Firdaws.

The Prophet (SAW) said, "Whoever follows a path in pursuit of knowledge, Allah will make easy for him a path to Paradise." (Tirmidi and Ibn Majah)

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As Salaamu Alaikum Wa Rahmtuallah,

My Dear Sisters in Islam,

I am proud to be a Gold Sponsor for this year's Conference. This Conference is frequently attended by my wife Naima and daughters, and she has shared with me the magnificent benefits of this Conference. From the thought provoking lectures, to shared discussions, to vending, to eating with family and friends, this is a wonderful Conference to reinvigorate you right after Ramadan.

I pray that you enjoy this Conference and while you are making duaa please include myself, my wife, and family in your duaa. Insha'Allah, you have the best of experiences at this years Women's Conference.

Best regards,

Bro. Jamil White, CPA



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Vendor Hub





WCMAS SUUQ



VENDOR	COMPANY NAME	TABLE NUMBER
Tanya Blackwell	Afro Puffs & Stuff	Table # 1 - Single Table
Fadeelah Nur	Sisters Enterprise	Table # 2 - Single Table
Maylanna Williams	Fitrah	Table # 3 - Single Table
Marlene Golphin	Bull City Imports	Table #6- Single Table
Daaiyah Abdul-Karim	Modesty Shop	Table #7- Single Table
Marguerite Griffin	Latifah's Fashion	Table # 8- Single Table
Nafeesah Abdullah	CoveredFit	Table #9- Single Table
Michelle Edwards	How Money Works	Table #10 - Prem Table
Carolyn Lowery	The Halal Soap Hut	Table # 11 - Single Table
Atiya Abdullah	Atiya's Feminine Touch	Table #16 - Single Table
Saudia Halim	Signature Strokes	Table #17 - Single Table
Candice Abdal-Rahim	Sister Islaah's Submissions	Table # 19 - Single Table
Hiba Mohammad	Samara's Style	Table # 20 - Single Table
Gwen Dawan	Gwen Dawan	Table # 24- Prem Table
Anju Siraj	Sanriq Stylz	Table # 25- Prem Table
Aisha Abdul-Mateen	African Breathtaking Treasures	Table # 26- Prem Table
Naeema West	House of Haute Decor	Table # 27 - Prem Table
Badriyyah Osurupru-El	Modest Intentions	Table # 28 - Single Table
Khadijah White	Back 2 Nature	Table # 29 - Single Table
Halimah Abdus Salaam	Hijabpinista	Table # 31 - Single Table
Mariam Hashi	Al-Amira Store	Table # 32 - Single Table
Mulki Jama	Al-Amira Store	Table # 33 - Single Table
Barbara Judd	Sisters Boutique	Table # 34 - Prem Table
Asma Abdul-Fattaah	Asma's	Table # 35 - Single Table
Shakira Abdul-Ali	Alchemy Consultant, LLC	Table # 36 - Single Table
Nisaa Muhammad	Orchid Allure	Table # 37 - Single Table
Lubna Muhammad	Lubna's Closet	Table #38- Single Table
Aishah Bint Mikail	Bint Mikail's Closet	Table # 39 - Single Table
Asmahan Sheriff	Splendid Collections	Table # 40- Single Table
Aishah El-Shabazz	Influence Athleisure	Table # 41 - Single Table
Maryam Shakir	A Unique Touch	Table # 42 - Prem Table





WCMAS SUUQ



VENDOR	COMPANY NAME	TABLE NUMBER
Khadeejah Hasan	2AM Bakery	Table #44-Single Table
Khadijah Raheem	Hayya Al Salah	Table #45-Single Table
Jamila Garner	Cookie Lady	Table #46-Single Table
Samirah Ali	Bodi By Samirah	Henna Table



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GRANDS .. ALHAMDULILLAH!!!**

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Fahamiv'u's KIDS - Jared, Judah, Jarah (BONUS!
Darrien, Caliph, Caitlyn)**

**Naeem's KIDS - Basma, Jenna, Magsan, Nashwa,
Zain**

**Abdus Samee's KIDS - Ali, Ashaj, Abdur Rauf
(his sculpture!), Abdullah, (BONUS! Askigah)**

Daa'igah's KIDS - Fahim, Bilqis, Asmani

Sana's KIDS - Juwarriggah, Hijaz

**Tariq's KIDS - Sanaa, Noor, Elsa, Muhammad,
Madhi**



*Congratulations to the
Women's Committee of Masjid
As-Saffat
on your 42nd Annual
Conference*

*May Allah Bless you for all of your
hard work and dedication.*

*Love Lena P, Sheila E, Katrina B &
Carolyn D*

Afro Puffs & Stuff

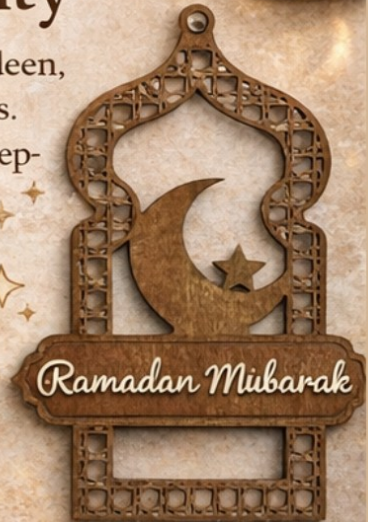
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September 20, 2026

*30th Annual Sisters Only
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and Luncheon*



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CONTACTS

**Aisha Abdul-Mateen 240-606-6122
Aliyah Abdel-Malik 301-332-0113
Sabreen Friday 202-297-2260**

THE ABDUL-AZIZ FAMILY TREE

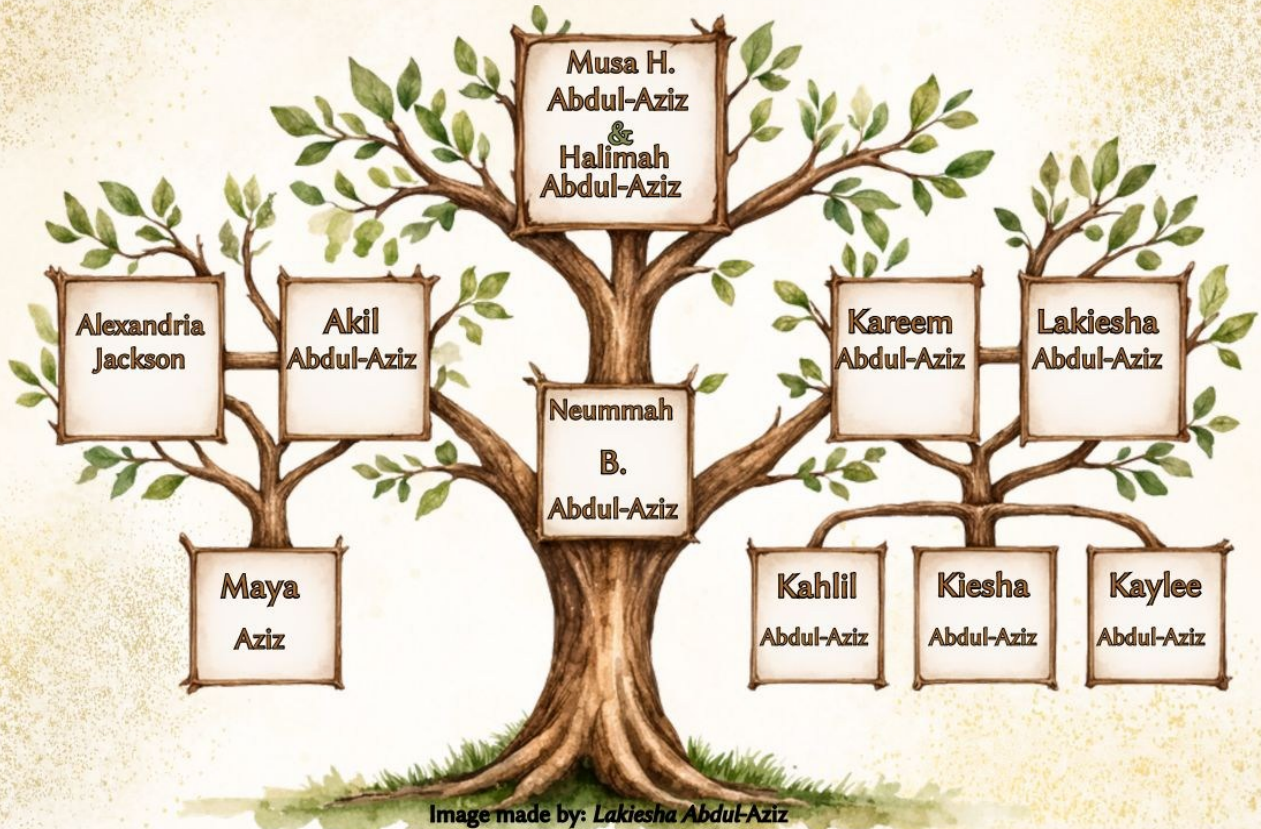


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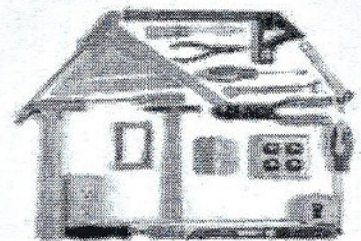
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Shukran for attending our 40th annual conference

We pray that you gain and share knowledge.

The Sisters of the Women's Committee of Masjid As-Saffat

Saafiyah Abdul Aleem

Dana Abdul Aziz

Halimah Abdul Aziz

Jannah Abdul Aziz

Aisha Abdullah

Hafiza Abdur Rahman

Zakia Amin

Tanya Blackwell

Jamila Garner

Tselane Holloway

Ta-Tisha Houssel

Taahirah Matin

Maisha Muhammad

Janice Myrick

Layla Osiruphu-El

Rasheita Adams-Turner

Ayaana Walcott

Rehana b. Yahya

Ayats and Hadiths for 2026 Conference

The Messenger 'firmly' believes in what has been revealed to him from his Lord, and so do the believers. They 'all' believe in Allah, His angels, His Books, and His messengers. 'They proclaim,' "We make no distinction between any of His messengers." And they say, "We hear and obey. 'We seek' Your forgiveness, our Lord! And to You 'alone' is the final return."

(Surah Al Baqarah Ayat 285)

10.And the Foremost are the foremost. 11.Those are the ones blessed with nearness (to Allah) 12.in gardens of bliss, 13.many from the first generations, 14.and a few from the later ones. 15.(They will be sitting) on thrones woven with gold, 16.reclining on them, facing each other.

17.Immortal boys will rotate around them 18.with bowls and jugs and a goblet of pure wine, 19.from which they will neither suffer headache, nor will they be intoxicated, 20.-and with fruits that they choose, 21.and the flesh of birds that they desire. 22.And (for them there will be) houris, having lovely big eyes, 23.all (neat and clean) like a hidden pearl, 24.as a reward for what they used to do.

(Surah Waqi'ah Ayats 10-24)

Narrated Mu'aawiya (RA) in a sermon: I heard Allah's Apostle (SAWS) saying, "If Allah wants to do good to a person, He makes him comprehend the religion. I am just a distributor, but the grant is from Allah. (And remember) that this nation will keep on following Allah's teachings strictly and they will not be harmed by anyone going on a different path till Allah's order is established."

(Saheehh Al Bukhari Book 3 Hadeeth 71)

**Friday April
3, 2026**

Friday April 3, 2026

8:00 am-12:00 noon
1:30 pm-2:15 pm
3:00 pm-9:00 pm
3:00 pm-5:45 pm
5:15 pm-5:30 pm
5:45 pm-7:00 pm
6:00 pm-6:45 pm
6:45pm-7:45 pm
7:00 pm-11:00 pm
7:30 pm-7:55 pm
8:00 pm-9:30 pm
9:30 pm-10:00 pm
10:00 pm-12:00 am

Vendor Registration and Setup
Jum'uah Khutbah and Salah
Registration
Vending Open
Salatul Asr
Vending Closed
Welcome and Keynote – “M’m, M’m, Good”
Light Fare Served
Vending Open
Salatul Maghrib
Fashion Show
Salatul Isha
Movie Night

**Saturday
April 4,
2026**

Saturday April 4, 2026

7:00 am-9:30 am
7:30 am-9:00 am
8:00 am-9:30 am
9:30 am-12:30 pm
9:45 am-11:00 am
11:15 am-12:30 pm
12:30 pm-11:00 pm
1:15 pm-1:30 pm
1:15 pm
1:30 pm-2:30 pm
3:00 pm-5:00 pm
5:15 pm-5:30 pm
6:30 pm
6:45 pm-7:45 pm
7:30pm-7:55 pm
8:00 pm-10:00 pm
9:00 pm-11:00 pm
9:00pm-11:00 pm
9:30 pm-10:00 pm
11:00 pm

Vending Open
Pop Up Sessions - “Gen to Gen” or “From Surviving to Growing”
Continental Breakfast
Vending Closed
Session 1
Session 2
Vending Open
Salatul Thur
VIP Seating for Lunch
Lunch Served
Special Session – “Healing From the Inside Out”
Salatul Asr
VIP Seating for Dinner
Dinner Served
Salatul Maghrib
“The Sweetnes of Eemaan” and Sisters on the Mike
Dip and Doodle (Pre-Registration Required)
Game Room
Salatul Isha
Vending Closed

**Sunday April
5, 2026**

Sunday April 5, 2026

8:45 am-9:00 am
9:00 am-9:30 am
9:30 am-12:30 pm
9:30 am-10:30 am
10:30 am-11:00 am
12:30 pm

Seating for Keynote
Keynote – “Recipes For the Soul”
Vending Open
Breakfast Buffet
Closing Remarks, Shout-Outs and Du’ah
Vending Closes

Conference Keynotes

Friday: M'm M'm Good

Sunday: Recipes For the Soul

1st Sessions 9:45-11 am

Quality vs. Quantity - Zakia Amin

Allah has given us the mission to Iqamatideen (establish Islaam in the land), wherever we may live. This session will discuss ways to accomplish this mission in our communities, using the early Muslims as our role models. We will examine ways to develop our characters in order to become an asset to the Ummah, each in our own special way.

A Daily Dose - Hafiza Abdur Rahman

This session will focus on reviving the sunnah around salah. We will explore the spiritual and health benefits, as well as the science of salah. We will look at the many Nafl salah, Khushoo, weeping, and the importance of the Adthan. In shaa"Allah.

Providing Neighborly Needs - Maisha Muhammad

How is a person's practice of the Deen made better, easier, attainable when neighborly needs are provided? What was the Prophet's (SAW) practice, his ways of advising his neighbors and providing assistance to his neighbors? InshaAllah, in this session, we will use Quran and hadith to show the value of providing neighborly needs.

K.I.S.S. (Keep It Simple Sister) - Aishah Muhammad

Geared towards new Shahadahs and non-Muslims who still need to know the basics of Islam—the Five Pillars of Islam, the Articles of Faith, and Tauhid. The desired outcome is that participants will leave with a better understanding of what one has to do to be within the realm of Islam, and doing those acts that will bring us closer to Allaah. Insha'Allah. Attendee participation is welcomed.

2nd Session 11:15-12:20

It's All Good - Embracing Our Differences - Jamila Garner

Embracing our differences is a necessity and core value in the Deen. In this session, we will follow a 'Recipe for the Soul' to create a scrumptious, diverse entrée utilizing ingredients from various sources within the boundaries of Islam, which is not just our religion, but our way of life, Insha'Allah.

Trusting Your Gut - Atiya Abdur Rahman

What role does a healthy gut play in our overall spiritual and physical well-being? Have you put in the time to ensure that you are properly nourishing your spiritual and physical self? Is your physical and spiritual intuition being aided by your angels or your qareen? Can you trust your gut? Let's dig in!

Can I Get A Side Order Please? - Rehana bint Yahya

You probably know the obligatory acts of worship that we must perform like Salah, Fasting, Zakat—the main course, but do you ever get the feeling that even though we perform these obligatory acts of worship faithfully, there is still that need for more, some extra—"a side order". This session will explore a menu that recommends a few of the many opportunities that Allah offers us to earn HIS good pleasure and blessings. In Shaa Allah, if we order a few sides, we will be able to satisfy that hunger for more.

Half Empty or Half Full? - Taahirah Matin

Life is a series of tests, each designed by Allah to shape our hearts and strengthen our faith. In this session, we'll explore how to uncover the hidden good within life's difficulties—the recipe for finding ease amidst struggle. Allah tells us in the Qur'an that "Indeed, with hardship comes ease" (94:6). While we cannot choose the hand we are dealt, we can choose how we perceive and respond to it. Our perspective shapes our reality; often, it's not the problem itself, but how we see it, that determines our peace and resilience.

Got Deen? - Aishah Muhammad

Discussing the correct understanding of the Deen and ways to strengthen our home life by instilling the values of Qur'an ad Sunnah in every room.

Special Session: Healing From the Inside Out: Sunnah Healing Food & Women's Wellness 3-5pm

2026 PRESENTERS

Maisha Muhammad is an 12-year member of WCMAS although she has been a member of the Masjid As-Saffat community over 40 years. The mother of 7 children, 25 grandchildren, and 4 bonus grandchildren, Sister Maisha is a former elementary/middle school teacher. She has taught at the Islamic Community School of Masjid As-Saffat for 10 years and in the Baltimore City Public School System for 18 years. Maisha is a member of Sharikat An Nisaa, a business of 5 Muslim women. Ms. Muhammad has studied under Imam Taif Abdullah, Imam of Masjid As-Saffat. She has also studied tajweed and tafseer under Sister Umm Zakiyyah at Masjid Al Ihsan. Maisha has lived in Baltimore all of her life.

Taahirah Matin is a mother of 5, and grandmother of 3. She is a Baltimore native and spent 7 of her formative years in Saudi Arabia. She earned her Bachelor of Science degree in Social Work from Morgan State University. She is currently a teacher at Islamic Community School, where she is also an alumna.

Zakia Amin is a native of Baltimore who took her shahaadah in Philadelphia in 1976. She has been a member of WCMAS since 1980, and a teacher and/or principal in full-time Islamic schools since 1979. Since 1976, she has studied Islam, Qur'aan and Arabic at various masajid in Philadelphia and Baltimore and at the IIASA in Fairfax, Virginia. She is a former board member of the Council of Islamic Schools in North America, and a current board member of the Muslim Social Services Agency. Presently, she is the principal of the Islamic Community School in Baltimore, and instructor of a weekly class in Islamic Studies for non-Muslims and new Muslim women.

Hafiza AbdurRahman Alhamdulillah, I am the mother of 4 children and 15 grandchildren. I am a member of Masjid As-Saffat in Baltimore, Maryland, and have studied under the auspices of Imam Taif Abdullah for over 40 years. I am co-founder and technology consultant at the Islamic Community School in Baltimore, which is the oldest, continuously operating Islamic school in America, Alhamdulillah. Through the grace of Allah (SWT), I am a founding member of the Women's Committee of Masjid As-Saffat and have spoken publicly on their behalf for many years. Additionally, I am a member of the Iqaamatiddeen Movement Jamaat and a graduate of Morgan State University, and Allah knows best.

Atiya Abdurrahman is a graduate of the Islamic Community School Baltimore MD. She has her undergraduate degree from the University Of Maryland, Eastern Shore, and her graduate degree from the University of Baltimore in Conflict Management Resolution. Atiya is a former member of the Junior Women's Committee, and has worked with WCMAS over the years as a quest presenter and in other capacities. Atiya is married and the mother of two children.

Jamila Garner – Alhamdulillah, Jamila took her Shahada in 1976 at 17, before senior year of high school. She immediately became an active member of Masjid As Saffat and has been a member of WCMAS for 50 years. Jamila was married to Abdul Muhsiy for 42 years, until he passed away in 2019. May Allah grant him mercy and Jannatul Firdous. They raised 6 children, and she has 13 grandchildren, with one on the way. In June 2021, Jamila married Ali Ahmad, Alhamdulillah. Jamila was a teacher at the Islamic Community School for 20 years (1978-1998), and nicknamed “Mama J” there. She has been a workshop presenter at WCMAS conferences since 1984. Jamila serves on the board at Masjid Al-Ihsan in the Social Services Department. She is also known as “The Cookie Lady”, owner of Jamila's Sweet Treats for 25 years.

Rehana B. Yahya has been with the Women’s Committee of Masjid As-Saffat since its inception and studies under Imam Taif Abdullah, Imam of Masjid as-Saffat in Baltimore, Maryland. She has a master’s degree in secondary education from Coppin State University. She is a principal, teacher, and co-founder of the Islamic Community School, also located in Baltimore.

Aisha Muhammad-Mumin became Muslim in 1972 in Philadelphia at the Columbia Avenue masjid that was part of the Darul Islam Movement. She started right away with learning her new way of life and has studied Arabic, Qur’an and fiqh under various imams in person and online. They include Imam Javed Baiyat of the Laurel Masjid, and Tajweed under Muhammad ar’Rae of Noorani Qaida publications, earning a certificate. Alhamdulillah, she is a former member of the Women’s Committee of Masjid As-Saffat and the Gwynn Oak Community, and has taught and cared for children in Baltimore and Laurel. She earned a design from the University of Delaware. Aisha resides in Philadelphia, studying Qur’an online with Bayyinah Institute and still teaching and caring for children, while she makes garments for the Muslims.

Dr. Islaah Abd’al-Rahim is an educator, researcher, and community leader who has supported the work of WCMAS since its inception. Considered a prominent thought leader in Islamic education-specifically regarding the roles of race and culture – she holds a Ph.D. in Islamic Sciences and an ijazah in ‘aqidah. She is the author of over 30 publications, including The Book of Islamic Lists, and is currently a 2025 ICJS Civic Leader Fellow. As the founder of BAM! (Baltimore Area Muslims), she continues to foster community for over 5,000 members while remaining a dedicated supporter of WCMAS’s ongoing initiatives.

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بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

We pray that all of our sisters have enjoyed our 2026 conference and that the information shared has been beneficial. May Allaah swta have mercy on all of us. Ameen

**~The Women's Committee of
Masjid As-Saffat**

New Contacts

Notes

Notes

Need To Make A Donation?

For over forty years, WCMAS has worked under the auspices of Masjid As-Saffat, Inc. of Baltimore to serve the larger Muslim community. Our focus has always been the establishment of *dawah*, educational, and recreational activities for Muslim women and children. We have been fortunate to be a part of a community that empowers women to participate in the establishment of this beautiful *Deen, Alhamdulillah*. Scan Code to make a donation!



The Halimah Mujahid Scholarship was established in 1992 to provide educational funds to Muslim students (male or female) who have graduated from a full-time Islamic high school or completed home schooling in the state of Maryland. Alhamdulillah, WCMAS has awarded over \$50,000 in scholarships to date. Scan Code to make a donation!



The Women's Committee of Masjid As-Saffat operates under the auspices of the Masjid As-Saffat, Inc. of Baltimore, Maryland and the leadership of Imam Taif Abdullah. Established in 1971 the Masjid is the oldest known masjid in the state of Maryland, and home to the Islamic Community School.

WE NEED YOUR GENEROUS HELP & SUPPORT!

We need to expand, upgrade, and develop Masjid As Saffat and Islamic Community School. The community is seeking to purchase a much larger facility and adjacent properties to house both the masjid and the school.



Scan Code to make a donation!

Graduation Celebrations



Class of
2025



*Laila Mahogany
Bint Karim Amin*

B.S. in Industrial and Systems Engineering
Morgan State University-December 2025

Alhamdulillah! Mabrook!



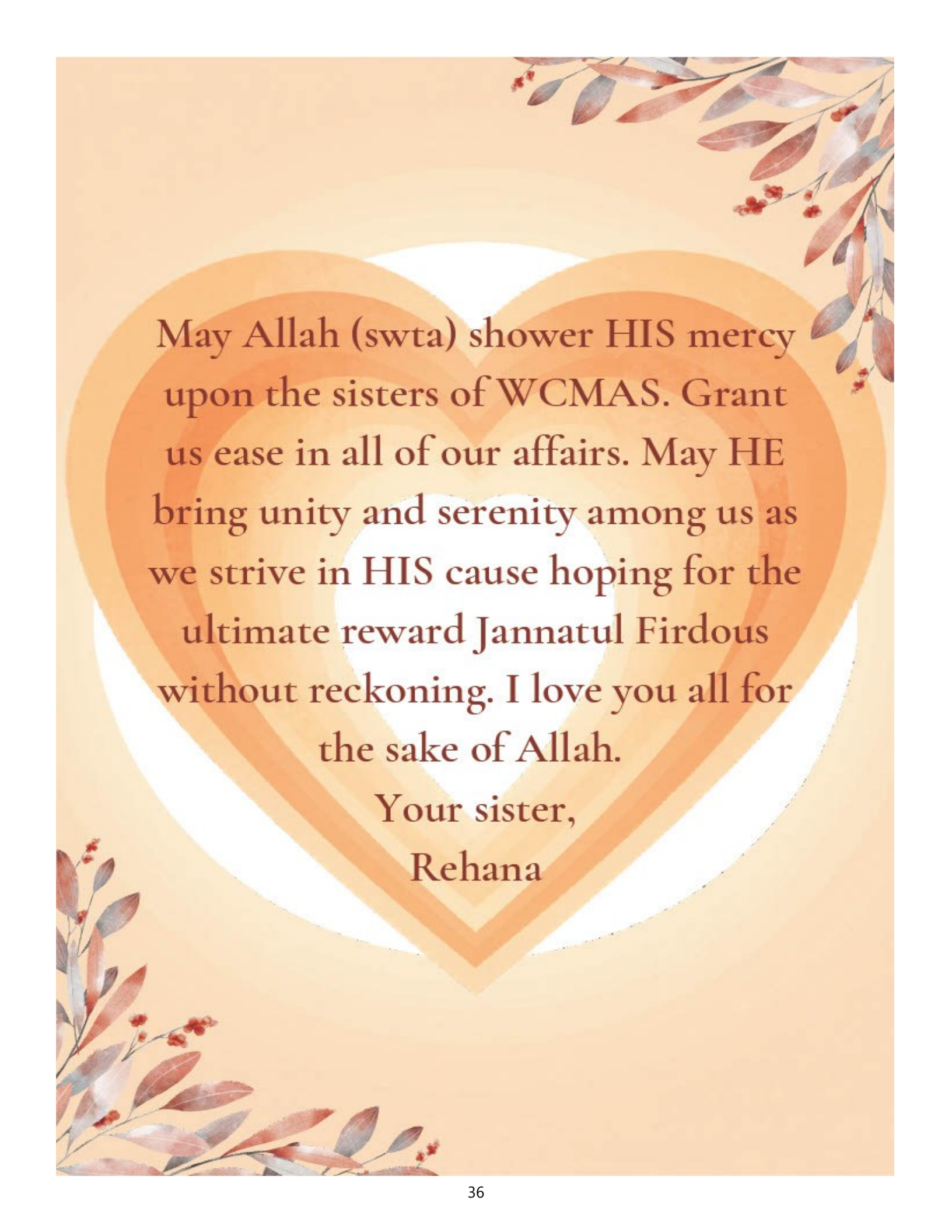
Class of
2026



Zakee Marwan Khlifi
Forest Park Senior High School

May Allah Bless You Both in This World
and the Next...Lots of Love!

~from Dem Aminz!

The background is a light beige color. In the center, there is a large, stylized heart shape composed of several overlapping, semi-transparent layers of a slightly darker beige or light orange hue. The heart is oriented vertically. In the top right and bottom left corners, there are decorative floral sprigs. These sprigs consist of thin, dark brown stems with several elongated, reddish-brown leaves and small clusters of tiny red berries. The overall aesthetic is warm and elegant.

May Allah (swta) shower HIS mercy upon the sisters of WCMAS. Grant us ease in all of our affairs. May HE bring unity and serenity among us as we strive in HIS cause hoping for the ultimate reward Jannatul Firdous without reckoning. I love you all for the sake of Allah.

Your sister,
Rehana